

WEEK 3: GROW IN PATIENCE

Question: What do you do when your team is behind, and it feels like you'll never catch up?

Memory Verse: "Be completely humble and gentle; be patient, bearing with one another in love." Ephesians 4:2

DEVOTIONAL:

In basketball, sometimes the game doesn't go your way, and it can be easy to get impatient, especially when you're losing. But Jesus shows us that patience is key. He was patient with His disciples, even when they didn't understand Him. When we feel frustrated on the court, we can remember that Jesus is patient with us, and we can show patience with our teammates, too. No matter how tough the game gets, we can trust that God has a plan and will help us stay calm and patient.



QUESTIONS:

1. How can you stay patient when things aren't going well in a game or at school?
2. How can patience help your team be better in practice and the game?
3. Can you think of a time when Jesus showed patience with someone?

APPLICATION:

During your next game, try to stay patient even when things aren't going your way. Instead of getting frustrated, remind yourself to stay calm. Show patience to your teammates, too— give them grace and encourage them to keep going.



LET'S PRAY

