

WEEK 5: GROW IN DILIGENCE

Question: What do you do when you're tired and don't think you can keep going during a game?

Memory Verse: The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving. Psalm 28:7

DEVOTIONAL:

Basketball is a physically demanding sport, and there are times when you feel tired or like giving up. The Bible says that He is our strength and our shield, which means He's there to protect us and help us through tough times. When you feel worn out during a game, remember that God is with you and will give you the strength to keep going. Being diligent means that you'll stick with something till the very end. This season, learn to rely on God and your team to stick with it to the very end.



QUESTIONS:

1. How do you find strength to keep playing when you're tired?
2. In what areas of your life do you need to rely on Jesus for strength?
3. How did Jesus show diligence during His life on earth?

APPLICATION:

When you're feeling exhausted, take a moment to pray and ask God for strength. Trust that He is there to help you push through. Whether it's in the game or in life, know He is always with you.



LET'S PRAY

